

What's Your Plan?

Name: _____
 Date: _____ Events: _____
 City/Country: _____

Menu Plan: Detox Starch & Carbs Fat Burner (D/ND)

Duration of Weigh Loss: 2 weeks 6 weeks 12 weeks 6 month 1year

Eating Out : Y/N

Fold →

Product Assistance

Notes

 <p>TLS™ Nutrition Shake (14 servings)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Do you often skip Meals? <input type="checkbox"/> Do you take at least 25g to 30g of fiber? 6 to 8 servings Raw Veggie A day? <input type="checkbox"/> Great for Pre-workout <input type="checkbox"/> Do you forget to eat breakfast? <input type="checkbox"/> Do you eat at least 8 to 12 servings of vegetable? 	
 <p>NutriClean® Advance Fiber powder</p> <ul style="list-style-type: none"> <input type="checkbox"/> Do you have irregular bowel movement? <input type="checkbox"/> Do you have diarrhea often? <input type="checkbox"/> Do you have runny stool often? <input type="checkbox"/> Do you eat a lot of Noodles, Rice, Bread etc? <input type="checkbox"/> Would you like to increase bacterial balance in the colon? <input type="checkbox"/> Do you drink a lot of caffeine? <input type="checkbox"/> Do you eat at least 8 to 12 servings of vegetable? <input type="checkbox"/> Need to build muscle? 	
 <p>Choice Curcumin - Single Bottle (30 serving)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Would you like to have better normal cell cycle activity? <input type="checkbox"/> Do you need Supports for normal liver detoxification activity? <input type="checkbox"/> Would you like to maintain healthy glutathione levels? <input type="checkbox"/> Would you like to rebuild cells in liver and Pancreas? <input type="checkbox"/> Do you eat and can't stop or forget to get eat? <input type="checkbox"/> Are you looking to improve metabolism? <input type="checkbox"/> Are you looking to shed belly fat? 	
 <p>Ultimate Aloe - 32 oz. bottle</p> <ul style="list-style-type: none"> <input type="checkbox"/> Do you have Acid Reflux? <input type="checkbox"/> Do you have Bowel Movement Challenges? <input type="checkbox"/> Promotes normal healing <input type="checkbox"/> Do you have digestive discomfort? <input type="checkbox"/> Supports a strong immune system <input type="checkbox"/> Do you have Constipation Challenges?? 	
 <p>Isotonix® Digestive Enzymes - 90 serving bottle</p> <ul style="list-style-type: none"> <input type="checkbox"/> Do you have occasional stomach upset? <input type="checkbox"/> Would you like to Helps Supports a healthy digestive tract? <input type="checkbox"/> Improve immune system <input type="checkbox"/> Would you like to be able to breakdown the following when you eat: FAT, Starch, Protein, Sugar, lactose, Carbs, Sucrose, Disaccharide maltose, fructose and glucose? <input type="checkbox"/> Do you over eat? <input type="checkbox"/> Would you like to prevent fat Storage 	
 <p>Isotonix® OPC-3 - 90 serving bottle</p> <ul style="list-style-type: none"> <input type="checkbox"/> Would you like to have better free radical production? <input type="checkbox"/> Would you like a Powerful antioxidant <input type="checkbox"/> Would you like to relieve pain? <input type="checkbox"/> Would you like to maintain better blood glucose levels ? <input type="checkbox"/> Would you like to Increase Nitric Oxide Level? 	

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	<p>H&N Omega 3</p> <ul style="list-style-type: none"> <input type="checkbox"/> Would you like to Increase Leptin Sensitivity? <input type="checkbox"/> Would you like to slow the development of plaque in the arteries. ? <input type="checkbox"/> Would you like to enable Muscle building & Help Muscle soreness? <input type="checkbox"/> Helps reduce body fat? 	
	<p>Isotonix® Calcium & B complex - 30 serving bottle</p> <ul style="list-style-type: none"> <input type="checkbox"/> Would you like to help manage certain stress-related issues. <input type="checkbox"/> Would you like to Improve thermogenesis? <input type="checkbox"/> Would you like to helps to enhance and stabilize mood, by promoting healthy levels of cortisol, dopamine and serotonin. This combination helps to enhance and stabilize mood? 	
	<p>Isotonix® Multivitamin - 30 serving bottle</p> <ul style="list-style-type: none"> <input type="checkbox"/> Would you like to have balance nutrition? <input type="checkbox"/> Would you like to have overall health? <input type="checkbox"/> Would you like increase success in your weight loss journey ? <input type="checkbox"/> Would like to have better thyroid, fat burning support? 	

Notes:
